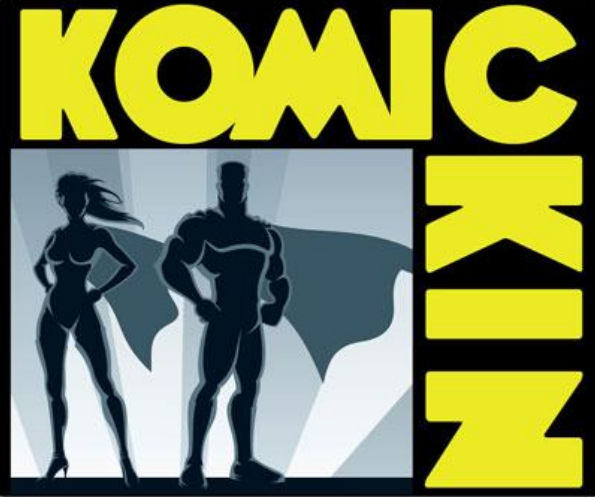


THE ESSENTIAL GUIDE TO DISTRICT ONE KOMIC KIN FLC 2015

The logo is a vertical rectangular graphic. At the top, the word "KOMIC" is written in large, bold, yellow, sans-serif capital letters. Below this, there is a square inset containing a black silhouette of a female superhero on the left and a male superhero on the right, both standing with hands on hips. The background of the inset is a light blue and white gradient. To the right of the inset, the word "KIN" is written vertically in large, bold, yellow, sans-serif capital letters. At the bottom of the graphic, the text "FLC 2015" is written in bold, black, sans-serif capital letters.

Welcome to Komic Kin 2015, the District 1 Fall Leadership Conference. The St. Thomas Kinsmen are proud to be your hosts for this amazing weekend of fun, fellowship, and education!

Our goal for this weekend is to make your FLC experience as fun and positive as it can be. If you have any questions or special requests, simply find one of the St. Thomas “Kinions” in the bright yellow-green shirts and they will be happy to assist you!

In this guide, we have tried to anticipate and answer the most common questions about FLC, including the weekend schedule and suggested dress code. If there is anything else you need to know before or during Komic Kin, don’t hesitate to ask!

St. Thomas Kinsmen FLC Committee:
Shawn Holroyd, Russ Jackman,
Matt Sharpe, Henk van der Linde

Contact Information:
Russ Jackman
519-782-7877
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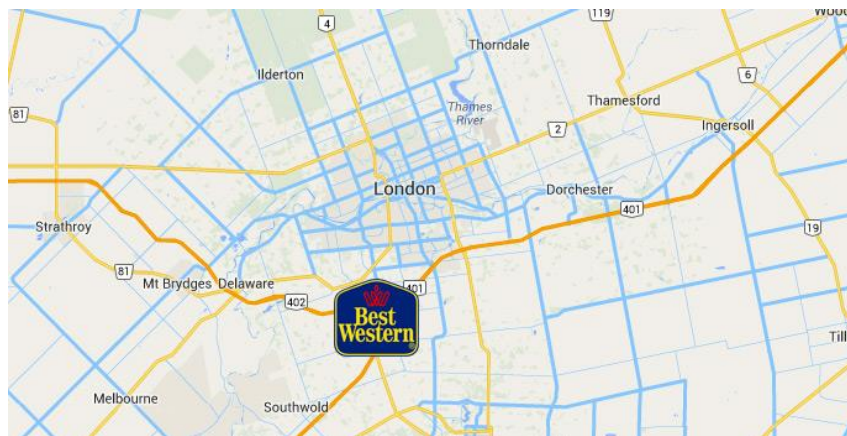
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Hotel Information

The host hotel for FLC is:

Best Western Plus Stoneridge Inn & Conference Centre
6675 Burtwhistle Lane, London N6L 1H5
(519) 652-6022

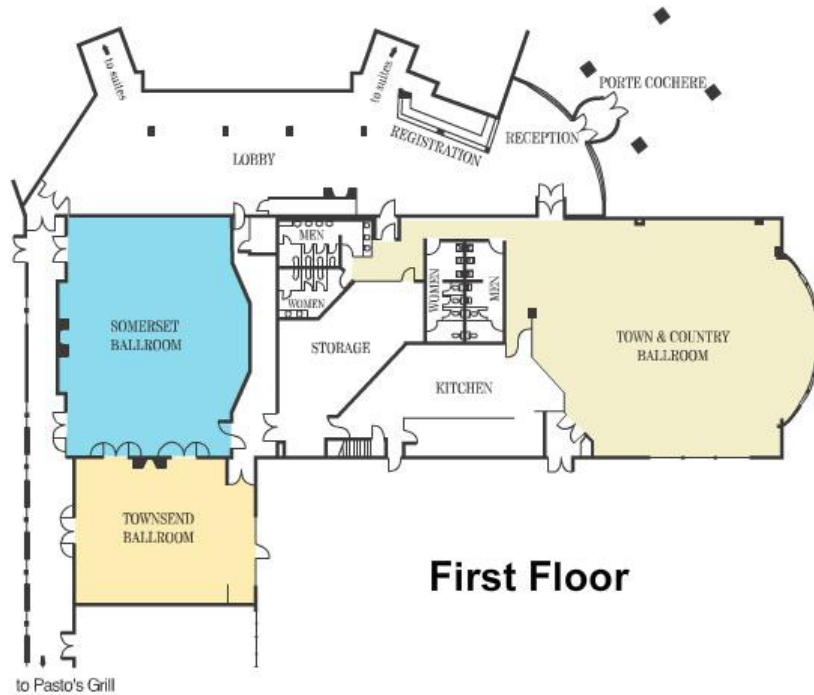


The Friday night opening ceremonies, Friday night dance, Saturday business, Saturday lunch, Saturday banquet and awards presentation, and the Saturday night dance will all take place in the main Town & Country Ballroom, located just off the hotel lobby.

The Friday and Saturday night “After Hours Lounge” will be held in the West Meeting Room on the second floor.

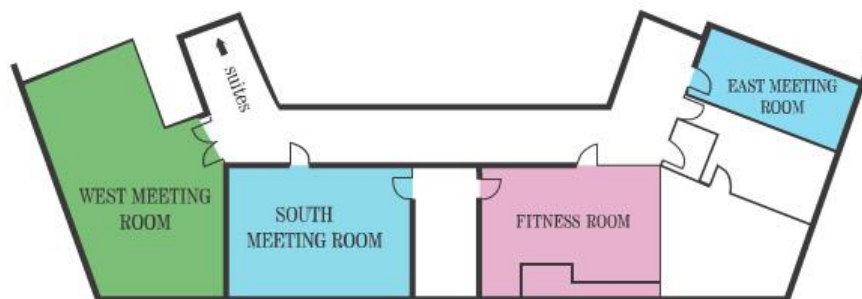
Seminars will be held in the Town & Country Ballroom, the Townsend Ballroom, and the West Meeting Room (second floor).

Breakfast on Saturday and Sunday morning will be provided for overnight hotel guests in the restaurant, Pasto’s Grill.



First Floor

Second Floor



Meals and Special Dietary Needs

Lunch and dinner on Saturday are buffet style, with a wide selection that should satisfy everyone. If you provided any special dietary requests when you registered, those have been passed on to the hotel to make sure your needs are accommodated.

When you sign in at the FLC registration desk in the lobby, you'll receive an envelope with a wristband and/or Saturday banquet meal ticket. The wristband must be worn during the day Saturday, and will provide access to the coffee and refreshment breaks in the morning and afternoon. The wristband has a tear-off stub that serves as your lunch ticket. You can remove the wristband once business adjourns on Saturday. Please bring your dinner ticket with you on Saturday night.

Below is an overview of the meals that will be enjoyed by registered delegates:

Saturday Lunch: *Deli Sandwich Buffet*

- Rotini Pasta Salad
- Smoked Turkey, Black Forest Ham, Roast Beef, Tuna, Egg, Vegetarian Deli Sandwiches with Cheeses and Fresh Artisan Breads
- Chef's Choice Dessert
- Coffee, Tea, Soft Drinks

Saturday Dinner: *Traditional Buffet with Roast Beef Carving Station*

- Rolls and Butter
- Mixed Green Salad with Assorted Dressings
- Caesar Salad
- Tomato, Pepper and Onion Salad
- Chicken Breast with Lemon Tarragon Sauce
- Roast Beef with Mushroom Sauce
- Cheese Tortellini with Rose Sauce and Spinach
- Medley of Seasonal Vegetables
- Roasted Potatoes
- Coffee, Tea



First Stop: FLC Registration Desk

The FLC registration desk is located in the lobby, across from the hotel registration desk. When you arrive, please sign in at the FLC registration desk to receive your wristband and/or meal ticket and your boodle bag.

The FLC registration desk will be open:

- Friday, 4pm – 9pm
- Saturday, 7:30am – 8:30am
- Saturday, 11am – 1pm
- Saturday, 4pm – 6pm

Recommended Dress Code

- **Friday Night:** We encourage everyone to come to opening ceremonies and the Friday night dance in a ComicCon-inspired costume. If you are not wearing a costume, dress comfortably (casual). As we are using wristbands instead of convention badges and pouches this weekend, please wear your Kin name badge.
- **Saturday Business:** Casual / Good Casual. Many members will wear a club shirt or other “Kin wear” if they have it. Please wear your Kin name badge.
- **Saturday Banquet:** Semi-Formal – Suit and tie / Dress, no name badge.
- **Saturday Dance:** The dance will follow the dinner and awards presentation. Stay dressed up, or head back to the room for comfy clothes. Either way, dancing shoes are a must!

Opening Ceremonies & Friday Night Costume Party

The opening ceremonies for FLC 2015 will be held in the main Town & Country Ballroom at 9pm sharp on Friday. **Come out in your best fanboy or fangirl costume!** Following a short welcome from the host club, local dignitary, and District Governors, the action moves to the dance floor until 1pm.

There will be a cash bar provided by the hotel, with beer and standard liquor at \$5 each (cocktails slightly higher). Let's respect the host hotel's liquor license and the discounted bar prices - no outside alcohol / travelers or travel mugs in the ballroom, please!

At 11pm, District Awards Director Marty will take to the mic in the main ballroom for the costume judging.

After Hours Lounge

The party continues in the After Hours Lounge, upstairs in the West Meeting Room. The room opens at midnight, and the fun, fellowship and music continues until there is no difference between “late night” and “early morning”!

The After Hours Lounge is a **BYOB** affair, so come prepared for the weekend!

Wakey Wakey

“Wakey Wakey” is a former (but not forgotten) Kin tradition, where a gentle knock on your door Saturday morning will awaken you to the glorious day that lies ahead. Upon opening your door, you will be greeted by smiling St. Thomas Kinsmen offering you a choice of juice or Tim Horton’s coffee. And Bailey’s. And headache medicine. In other words, everything you need to start your day after last night.

Do Not Disturb signs may be hung on your hotel room door for decoration.

As there may be one or two non-Kin guests in the hotel, however, we have had to cancel the bagpiper.



Saturday Morning Breakfast

A hot breakfast is provided by the hotel for registered overnight guests in the restaurant. Breakfast is served from 6:30am to 9:30am on Saturday.

Credentials

The credentials desk will be open in the lobby from 7:30am to 8:30am. Every member in attendance should sign in, whether listed on an Accredited Delegate form or not.

Agenda & Seminar List

- 8:30am Call to Order
- 10:00am Morning Break (Fresh brewed coffee, tea, selection of bottled fruit juices, and fresh baked cinnamon rolls, breakfast pastries, muffins, and croissants.)
- 10:15am National Board of Directors Presentation
- 11:15am Business
- 12:15pm Lunch
- Lunch will be served in the Town & Country Ballroom. Be sure to catch the entertainment beginning at 12:30!
- 1:00pm Reconvene and travel to workshops
- 1:15pm Workshop Session One
- **New Members Seminar** – located in the main ballroom during both afternoon breakout sessions.
 - **Risk Management 101**
 - **Creating a Culture of Respect in Kin**
- 2:15pm Afternoon Break (Bottled water, soft drinks, coffee and tea)
- 2:30pm Workshop Session Two
- **New Member Seminar** - continues in the main ballroom
 - **Cystic Fibrosis & Service**
 - **Rules of Order**
- 3:30pm Reconvene in main ballroom

Draw for District 1 Cystic Fibrosis

The St. Thomas Kinsmen are running draws in lieu of a silent auction to raise money for District 1 Cystic Fibrosis. We have over \$2,000 in donated prizes, meaning that **100% of the ticket sales** will go to Cystic Fibrosis. With a draw format instead of a silent auction, we hope it will allow every member to participate (in other words, we hope you have a \$10 or **\$20 bill** ready). The draw will be held following Saturday night's dinner and awards.

Saturday Night Banquet & Awards

The Saturday Night banquet will be held in the main Town & Country Ballroom. Doors open at 6:00pm for a “Meet & Greet” with the District Executive. Dinner will be served at 6:30pm sharp. Please bring the dinner ticket that you received when you signed in at the registration desk. The hotel will provide a cash bar.

Saturday Night Dance

Following dinner and awards, prepare to dance the night away! Once again, the hotel will provide a cash bar (please, not outside alcohol / travelers or travel mugs in the ballroom, please).

After-Hours Lounge

The party keeps going in the After Hours Lounge on Saturday night, upstairs in the West Meeting Room. The room opens at midnight and keeps going until the last person standing is no longer standing.

Remember, the After Hours Lounge is a **BYOB** affair, so come to FLC prepared!

Breakfast

The hotel serves a hot breakfast for registered overnight guests in the restaurant on Sunday morning, from 7:30am to 10:30am.

Keepsakes

Your club keepsake for Komic Kin FLC 2015 will be on display in the main meeting room on Saturday and can be picked up from there on Saturday night, or on Sunday morning in the lobby.

Questions?

The St. Thomas Kinsmen want to make sure your weekend is fun and memorable! If you have any questions over the weekend, simply ask one of our “Kinions” in the bright yellow/green shirts.



Other Helpful Information

- Beer Store
2386 Main Street, Lambeth (London)
North to the lights in Lambeth and turn right
7 minutes away from the host hotel
Open Friday, 10am – 9pm
Open Saturday, 10am – 6pm
- LCBO
2490 Main Street, Lambeth (London)
North to the lights in Lambeth and turn right
7 minutes away from the host hotel
Open Friday, 10am – 8pm
Open Saturday, 10am – 6pm
- Tim Hortons
4530 Colonel Talbot Rd, Lambeth (London)
North on Col. Talbot Road, located on your right.
Open 24 Hours
5 minutes away from the host hotel
- Greenhills Pharmacy
2335 Main Street, Lambeth (London)
North to the lights and turn right, located on your left at the next lights
9 minutes away from the host hotel
Open Friday, 9am – 7pm
Open Saturday, 9am – 3pm
- Dog Boarding: Countryside Kennel
Kin Darryl (Dutch) VanMoorsel
5141 Dundas St. E., RR #2, Thorndale
22 minutes away from the host hotel, NE of London
Visit www.CountrysideKennel.ca to book online
Or call (519) 268-6879 and mention the Kin Fall Leadership Conference
for a 50% discount